

# Ports of Auckland Long Distance Nationals 2019

## Pānui 2 | March 2019

Whakataka te hau ki te uru  
 Whakataka te hau ki te tonga  
 Kia mākinakina ki uta  
 Kia mātaratara ki tai  
 E hī ake ana te atākura  
 He tio, he huka, he hauhu  
 Tīhei mauri ora



*E ngā tini, e ngā mano, he karanga tēnei ki te hunga waka kia whakarauika mai ki ngā wai o Tāmaki Makaurau. Ka tū ngā whakataetae hoe tawhiti o te motu te tau 2019 ki kōnei. Nau mai, haere mai.*

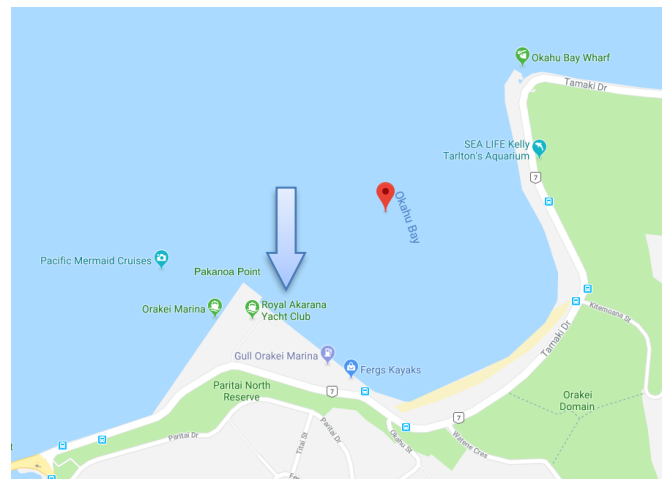
### 2019 LONG DISTANCE NATIONALS

Auckland Region Outrigger Canoe Association (AROCA) in association with Waka Ama New Zealand (WANZ) welcomes visitors to the 2019 Ports of Auckland Long Distance Nationals (LDNs) to be held in Auckland at The Landing, Okahu Bay, Ōrākei on 19<sup>th</sup> - 20<sup>th</sup> April 2019.

### VENUE

**The Landing, Okahu Bay, Ōrākei**  
**Hyundai Marine Sports Centre**  
**10 Tamaki Drive, Ōrākei**

All key operations for the LDNs will be based at the Hyundai Sports Centre (Royal Akarana Yacht Club). This includes all race operations, registrations and administration, loading bays and all safety checks will be completed on the ramp only. The Centre will also be the venue for the prizegiving on Friday and Saturday evenings. The Club has large spaces with full facilities including shower facilities [refer to the site map in the appendices].



### IMPORTANT DATES

- 1 April Entries close
- 5 April Roster closes
- 11/12 April Clubs invoiced for registration fees
- 19 April LDN Pōwhiri 7.00am
- 19 April Race 1, 2 and 3
- 20 April Race 4, 5 and 6
- 21 April Back Up Race Day

#### Back up Race Day

If the weather or sea conditions make it unsafe to paddle any one of the allocated races, then races will either be cancelled or postponed to Sunday 21 April 2019

## ENTRY FEES

The fees for all entries received prior to 1 April are:

Grade	W6	W1 Rudderless/W1 Rudderred/W2	Combination of any two events
Seniors	\$60 each	\$60 each	\$90 each
Juniors	\$40 each	\$40 each	\$60 each

### NOTE:

- If a senior paddler is entered in both the W6 and W1 Rudderless/W1 Rudderred races the entry fee payable is \$90.00 (if the paddler is in two W1 events the fee is still \$90)
- If a Junior paddler is entered in both the W6 and W1 Rudderless/W1 Rudderred races, the entry fee payable is \$60.00.
- Entry into a third event would cost a further \$30.00 for seniors and \$20.00 for Juniors ie: W6 + W1+W2 = \$120.00/Senior or \$80/Junior.
- Entries received after 1<sup>st</sup> April 2019 will be deemed to be late entries and will be charged an additional \$20 per paddler.
- Any late changes after the 1<sup>st</sup> April will incur an additional \$20 per paddler administration fee e.g. division changes, paddler swap, additions.

**Any club that withdraws teams after being invoiced will still be charged the full entry fee**

**All team entries are to be entered via the Waka Ama New Zealand website through your Club Coordinator.**

## RACE DISTANCES AND COURSES

All race courses are on the open water of the Waitematā. The race course will be set closer to the event based on the weather and ocean conditions to provide all paddlers with an enjoyable, challenging and safe experience.

Waka	Distance	Divisions	
<b>W6:</b>	24km	Open, Master and Senior Master	Men, Women & Mixed
	20km	Gld Master, Master 70,	Men, Women & Mixed
	16km	J19 <b>*Note distance change</b>	Men, Women & Mixed
	12km	J16	Men, Women & Mixed
	12km	Adaptive	Mixed
<b>W1 Rudderred/Rudderless:</b>	12km	Short course* racing as one open division	Men, Women & Mixed
	16km	Seniors (U23, Open, Master, Snr Master, Gld Master)	Men & Women
	12km	Master 70, J16, J19	Men & Women
<b>W2/W3:</b>	12km	Adaptive	Men & Women
	16km	Seniors (U23, Open, Master, Snr Master, Gld Master)	Men, Women & Mixed
	12km	Master 70, J16, J19	Men, Women & Mixed
	12km	Adaptive	Men, Women & Mixed

\*Not a medal category

## INDICATIVE PROGRAMME

### Thursday, 18 April:

4.00pm – 7.00pm	Registrations and administration enquiries open
-----------------	---

### Friday, 19 April:

Time 7.00am	<b>Pōwhiri</b> at the landing Okahu Bay
Race 1 <ul style="list-style-type: none"> <li>W1 Ruffled</li> <li>W1 Rudderless</li> <li>W2</li> <li>W3</li> </ul> 9.00am: race briefing 10.00am: race start	W1 Ruffled: <ul style="list-style-type: none"> <li>Senior Women 16km, Junior 19 Women 12km, J16 12km</li> </ul> W1 Rudderless: <ul style="list-style-type: none"> <li>Senior Men 16km, Junior 19 Men 12km, J16 12km</li> </ul> W2/W3: <ul style="list-style-type: none"> <li>Senior Women 16km, Senior Mixed 16km, Junior 19 Women 12km, Junior 16 Women 12km, Adaptive Women 12km</li> </ul> Adaptive: <ul style="list-style-type: none"> <li>W1 Adaptive Men 12km</li> </ul>
Race 2 <ul style="list-style-type: none"> <li>W1 Ruffled</li> <li>W1 Rudderless</li> <li>W2</li> <li>W3</li> </ul> 12.30pm: race briefing 1.30pm: race start	W1 Ruffled: <ul style="list-style-type: none"> <li>Senior Men 16km, Junior 19 Men 12km, J16 12km</li> </ul> W1 Rudderless: <ul style="list-style-type: none"> <li>Senior Women 16km, Junior 19 Women 12km, J16 12km</li> </ul> W2/W3: <ul style="list-style-type: none"> <li>Senior Men, Junior 19 Men 12km, Junior 19 Mixed 12km, J16 Men 12km, J16 Mixed 12km, Adaptive Men 12km, Adaptive Mixed 12km</li> </ul> Adaptive: <ul style="list-style-type: none"> <li>W1 Adaptive Women 12km</li> </ul>
Race 3 <ul style="list-style-type: none"> <li>Short Course</li> </ul> 12.30pm: race briefing 1.45pm: race start	<ul style="list-style-type: none"> <li>W6 Women 12km</li> <li>W6 Men 12km</li> <li>W6 Mixed 12km</li> </ul>

### Saturday, 20 April:

Race 4 <ul style="list-style-type: none"> <li>W6 Junior</li> <li>W6 Adaptive</li> </ul> 7.30am: race briefing 8.00am: race start	<ul style="list-style-type: none"> <li>Junior 16 Women, Men and Mixed 12km</li> <li>Junior 19 Women, Men and Mixed 16km</li> <li>W6 Adaptive Mixed 12km</li> </ul>
Race 5 <ul style="list-style-type: none"> <li>W6 Women</li> <li>W6 Mixed</li> </ul> 9.30am: race briefing 10.30am: race start	<ul style="list-style-type: none"> <li>W6 Women (Open, Master, Senior Master) 24km</li> <li>W6 Women (Golden Master &amp; Master 70) 20km</li> <li>W6 Mixed (Open, Master, Senior Master) 24km</li> <li>W6 Mixed (Golden Master Mixed &amp; Master 70 Mixed) 20km</li> </ul>
Race 6 <ul style="list-style-type: none"> <li>W6 Men</li> </ul> 12.45pm: race briefing 1.45pm: race starts	<ul style="list-style-type: none"> <li>W6 Men (Open, Master, Senior Master) 24km</li> <li>W6 Men (Golden Master &amp; Master 70) 20km</li> </ul>

---

## COMPETITORS ABILITY

---

We are providing opportunities for experienced and capable crews and individuals in age categories from J16 and above. The term “experienced” means that teams and individuals have experience in sea conditions. All Clubs are responsible for ensuring that all paddlers are competent in the divisions that they have been entered into. The Race Director has the discretion to withdraw a team or an individual who is deemed to be unfit or unprepared to complete the race.

The short course race will provide an opportunity to those paddlers who are experienced but are unable to complete the senior distance – the short course events will not be eligible for national medals but will receive AROCA medals as an AROCA event.

---

## RACE DIVISIONS

---

All age groups are as outlined in the Waka Ama New Zealand Race Rules, rule 50.2. Note: J16 minimum age is 11 and J19 Competitors must be a minimum age of 16 in the event year.

DIVISION	Minimum (Age as of 31 December 2019)	Maximum (Age as of 31 December 2019)
Junior 16	11	16
Junior 19	16	19
U23	16	23
Open	16	None
Master	40	None
Snr Master	50	None
Golden Master	60	None
Master 70	70	None

All New Zealand entrants must be from clubs who are affiliated to Waka Ama New Zealand. Entrants from overseas clubs are welcome register for this event but will not be eligible for medals.

The adaptive teams must comprise of 3 adaptive paddlers and 3 non-adaptive paddlers.

Mixed W6 teams must be made up of 3 men and 3 women.

Mixed W2 teams must be made up of 1 man and 1 woman

Mixed W3 teams must have at least 1 woman

---

## RACE RULES

---

All entrants must be familiar with the Waka Ama New Zealand race and safety rules. Refer to the following link for more information - <http://wakaama.co.nz/pages/read/1003423>.

## **LIFE JACKETS AND/OR PFDs**

---

All J16 paddlers must wear a non-inflatable life jacket or PFD. They will not be permitted to wear horse shoe, gas inflated PFDs for example. The Race Director can decide on the day that all paddlers are to wear life jackets or PFDs if the conditions require it. This is at the Race Director's complete discretion.

A penalty and disqualification system will be enforced to disqualify any individual/teams identified to not be wearing a life jacket/PFD while paddling or not wearing a life jacket/PFD correctly if required.

All water safety crews will be instructed to stop any team or paddler who either does not appear to be wearing a life jacket or is not wearing it correctly. If they are not wearing a life jacket or are not wearing it correctly they will be advised that the Race Director will be notified and that they will be disqualified for failing to comply with the life jacket rules.

The waka number of the paddler/team will then be relayed immediately to the Race Director who will formally disqualify them from the race.

## **WAKA HIRE**

---

### **W6 Waka Hire**

We encourage teams to bring their own waka to the LDNs. Race organisers will not be coordinating waka hire arrangements this year. Instead, Clubs and teams are invited to make direct contact with other Clubs in relation to waka hire enquiries or post any requests or enquiries via the Waka Ama NZ LDN Facebook page. AROCA Clubs will be working to confirm their crews early to ensure available waka are communicated to all traveling clubs.

## **ACCOMMODATION**

---

Auckland has a large selection of accommodation options to suit all groups and budgets. There are also several motel accommodation options within close proximity. The central city downtown is approx. 10mins drive (4km) from the venue. There is limited parking available so public transport may also assist some supporters. <https://at.govt.nz/bus-train-ferry/journey-planner/> Accommodation sites <https://www.bookabach.co.nz> <https://www.airbnb.co.nz>

## **ZERO WASTE**

---

AROCA and Waka Ama NZ supports zero waste. Please avoid polystyrene and plastic (wrap and bags) when bringing food on site and instead consider re-useable or recyclable packaging. Water Stations will also be established at the venue for you to refill reusable drink bottles.

## **QUESTIONS AND ENQUIRIES**

---

For any further information and enquiries please go to [www.wakaama.co.nz](http://www.wakaama.co.nz) or contact us on [ldn@wakaama.co.nz](mailto:ldn@wakaama.co.nz).

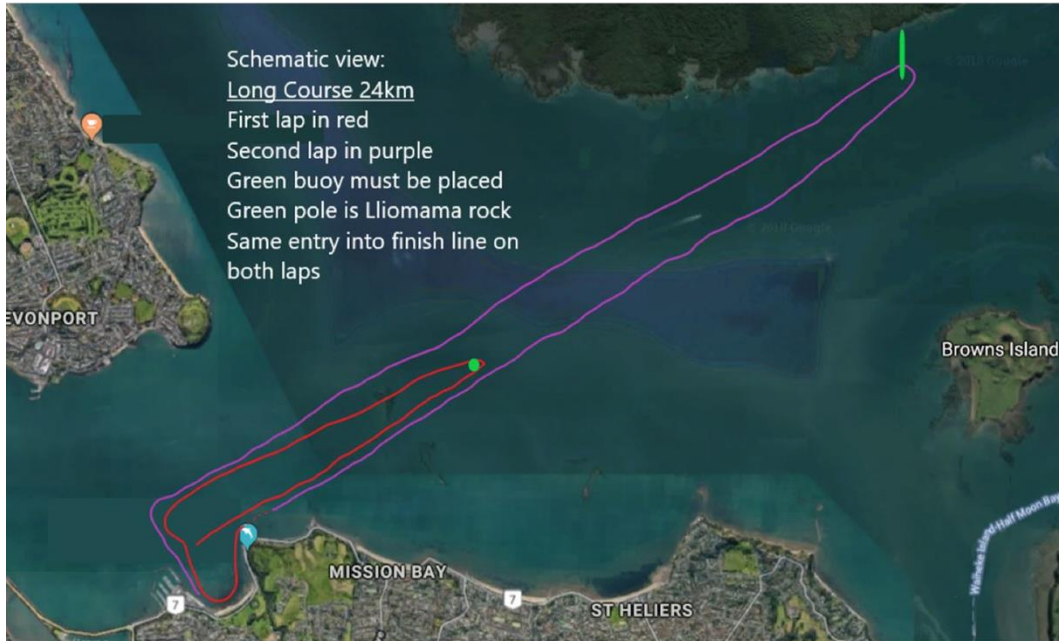
We look forward to having you join us in Auckland for LDN 2019! Nō reira e te whānau whānui tēnei te mihi ki a koutou, tēnā koutou katoa.

## Appendix A

### COURSE MAP

Long 24km: W6 Open, Master, Snr Master

Prevailing wind SW or NE



Course details:

Head NE towards green reef marker South of Bean Rock to a turning buoy beyond that East of Bean Rock. Turn on the bouy.  
Head back towards Okahu Bay to the start line and go through the break water gap to do a loop past the Finish line.  
Head out past Orakei Wharf NE towards LLIOMAMA Rock (off Rangitoto)  
Return to Okahu Bay to the start line and go through the break water gap to the Finish.

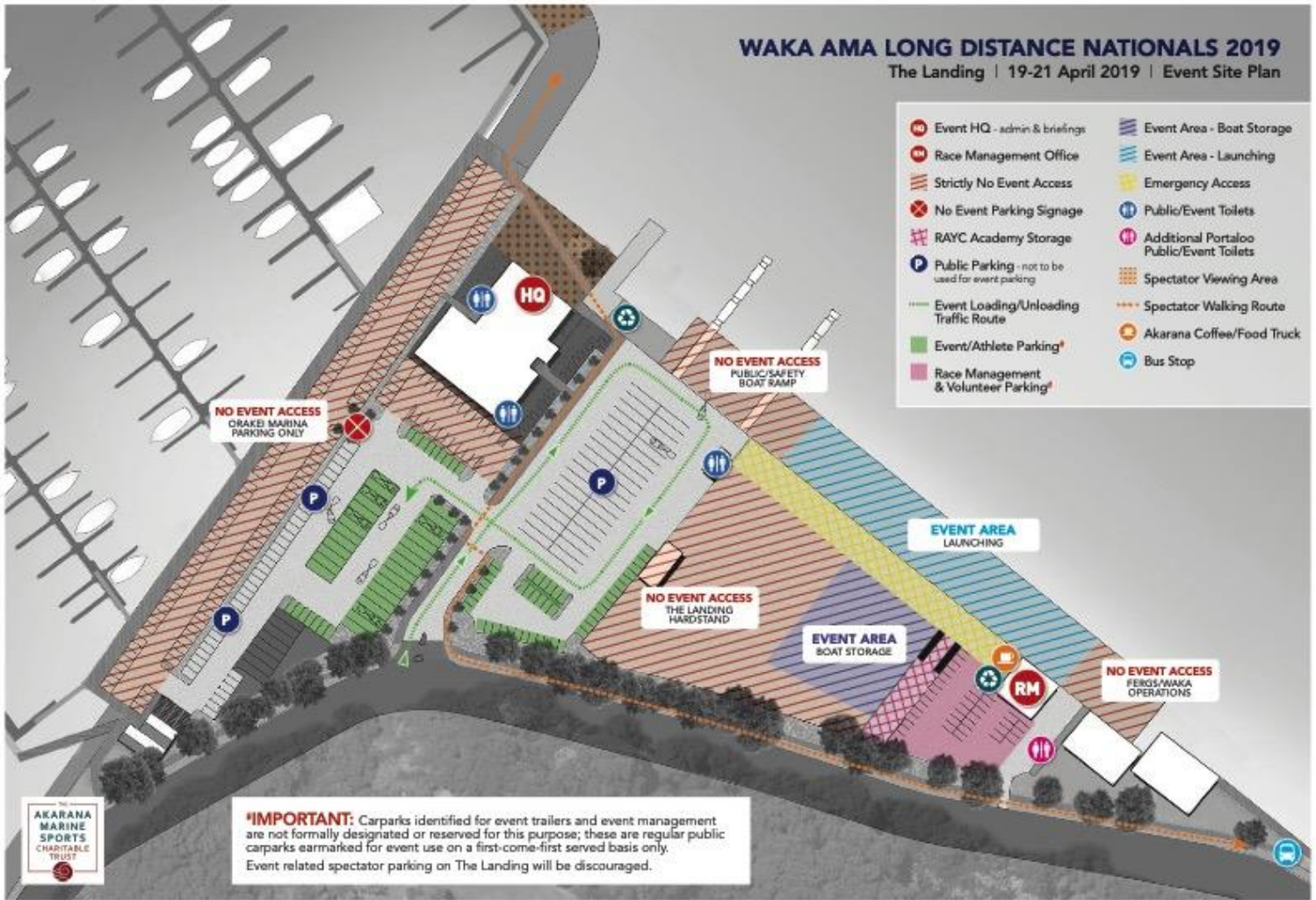
Follow the link to Course Maps

<https://www.wakaama.co.nz/racecalendar/lookup/1492>



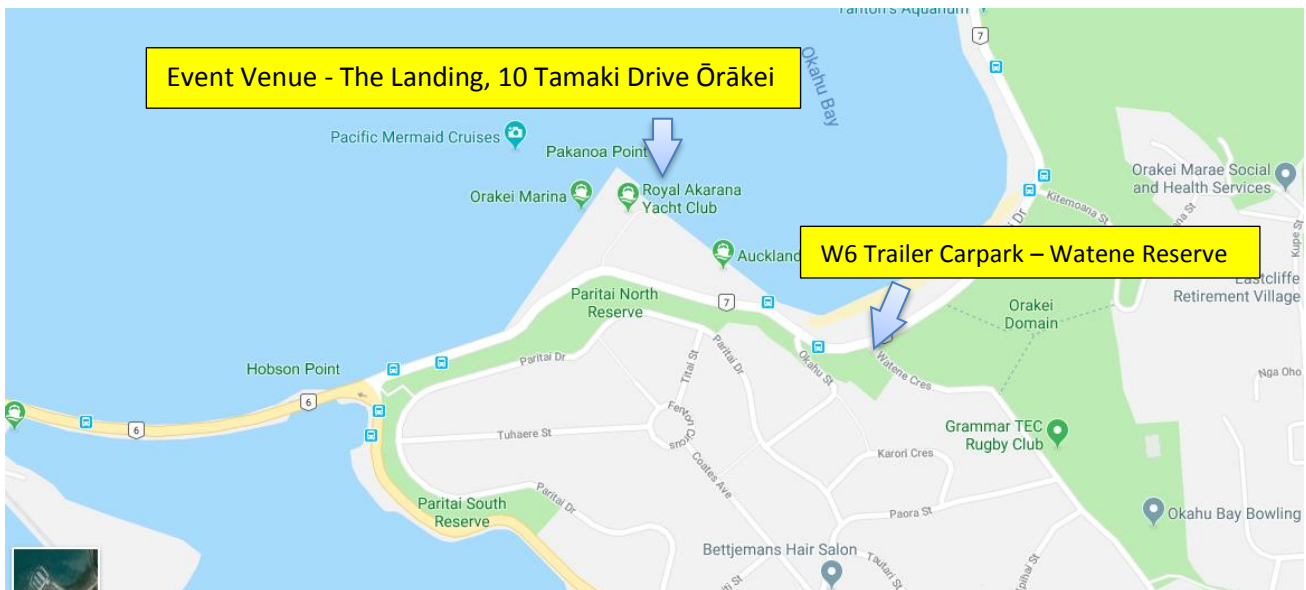
# Appendix B

## SITE MAP



## W6 TRAILER CARPARK

W6 Trailer parking is available on The Landing in the Pay and Display parking area and Watene Reserve on the corner of Tamaki Drive and Watene Cres.





# Appendix D

## CAR PARKING

Limited Venue Pay and Display Vehicle Parking first-come-first-served basis.  
 Parking is also available along Tamaki Drive and the side streets off the main road.



Parking is also available along Tamaki Drive and the side streets off the main road.

